

Spiritual Care Corner



with Chaplain
Hazzan Rob Menes

THRIVING THROUGH ADVERSITY

This is the first of the daily messages we will be bringing to you to keep you informed and en-lightened throughout this trying time. The CoVID19 (coronoavirus) pandemic is affecting all of us, and we are particularly sensitive to the impacts at LBHH. Without just repeating what you hear on the news, let's recap what it is and why we are on high alert:

1. The virus is highly contagious
2. The virus is extremely dangerous, particularly for the elderly and those who are compromised by other illnesses or disabilities
3. Many of our programs are group programs, which might contribute to spreading the illness
4. Residents require contact!

At LBHH, the care staff is trained to handle outbreaks of the flu and other diseases. Hygiene is paramount, including handwashing and the use of protective equipment. However, we have always tried to be a fairly open facility, welcoming guests and visitors. This is one area where we don't have the same control and unfortunately, one area where tighter constraints are needed to reduce the spread of the illness. So, you will notice two ways in which we are responding to the pandemic:

1. Visits from family and guests will be extremely limited
2. Group activities will be replaced by one-on-one support

However, joyful activities still continue! Art and music still abound, and thankfully our community is committed to staying healthy and happy. We're going to bring you some of the music and art that continue here at Louis Brier. Stay tuned!

In the words of R. Nachman of Breslov: The whole world is a narrow bridge; but the essence, the main thing, is not to be overwhelmed by fear. Check out the video for a tune for today:

http://www.hazzanmenes.com/Chaplain_Kol_HaOlam.mp4

Hazzan Rob Menes, Chaplain

