

# Spiritual Care Corner



with Chaplain  
Hazzan Rob Menes

## Finding Meaning

In an effort to deal with the coronavirus, our world has changed. Businesses have closed and work has been altered. Many people feel at a loss: not only do they wonder how they might be affected, but they ask, what can I do to help? Being healthy, ready, and available is sometimes the best we can do. When we are conscious of the danger and act accordingly, we are doing something important. When we recognize that we are part of the global community, being can help as much as doing. For many of us, this is a time for spiritual reflection. It is a time for searching for meaning in the midst of the unknown. It may be uncomfortable, but we may find new meaning, meaning that we never imagined, and a whole new world of purpose and value.

“The purpose of life is to obey the hidden command which ensures harmony among all and creates an ever better world. We are not created only to enjoy the world, we are created in order to evolve the cosmos.” Maria Montessori

“If you destroy a single life, then you’ve destroyed a world; if you save a single life, then you have saved a world.” Talmud

[http://www.hazzanmenes.com/Chaplain\\_Nefesh\\_Achat.mp4](http://www.hazzanmenes.com/Chaplain_Nefesh_Achat.mp4)

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